

## Toileting and Continence Policy

### Ysgol Gymraeg Sant Curig

#### 1. Policy Statement

Ysgol Sant Curig recognises that children begin school at different stages of development and that toileting needs vary according to age, maturity, health, and individual circumstances. We are committed to supporting pupils with dignity, sensitivity and respect, while encouraging the development of independence and self-care skills appropriate to each child's developmental stage.

In line with the **Equality Act 2010**, no child will be refused admission or excluded from any area of learning on the grounds of toileting or continence needs. Our approach ensures inclusion, safety, safeguarding and the wellbeing of both pupils and staff.

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#### 2. Aims of the Policy

This policy aims to:

- Promote children's independence in toileting and personal hygiene
  - Ensure appropriate provision for pupils with medical, developmental or additional learning needs
  - Clarify the school's expectations regarding toileting for pupils without additional needs
  - Safeguard pupils' dignity, privacy and emotional wellbeing
  - Provide clear guidance for staff and parents regarding roles and responsibilities
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#### 3. Definition of Toilet Training

A child is considered toilet trained when they can:

- Recognise the need to use the toilet
- Manage clothing independently
- Use the toilet appropriately
- Wipe themselves effectively
- Flush the toilet
- Wash and dry hands independently

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#### 4. Partnership with Parents

We recognise that toilet training is primarily the responsibility of parents and carers and should begin at home.

- Parents are encouraged to start toilet training (where developmentally appropriate) before school entry and may seek advice from Health Visitors or medical professionals.
- It is **expected** that children have started toilet training before entering school.
- Children are **not expected to start Nursery wearing nappies or pull-ups**, unless there is a **medical or developmental reason**.
- Parents must inform the school if a child is not toilet trained prior to admission or if there are ongoing concerns.
- This policy will be shared with parents during induction.

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#### 5. Supporting Toileting in the Foundation Phase

In line with Foundation Phase guidance, staff support children's personal, social and emotional development, including self-care skills.

Support may include:

- Regular reminders and opportunities to use the toilet
- A consistent member of staff supporting an individual child where appropriate
- Group toileting visits to help build confidence
- Encouraging children to wipe, flush and wash hands independently, with supervision
- Positive reassurance and praise

Staff will always encourage independence and will not force or rush children.

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#### 6. Toileting Accidents and Changing Procedures

##### General Principles

- Toileting accidents are common and will be managed calmly, kindly and without judgement.
- No child will ever be told off for an accident.

- Privacy and dignity will always be respected.
  - Disposable gloves and aprons will be worn.
  - Soiled or wet clothing will be bagged and returned to parents.
  - All toileting support or changing will be communicated to parents at the end of the day.
  - Staff will inform another member of staff whenever a child has been changed or supported with toileting.
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### Foundation Phase

- Staff will support children with **occasional accidents**.
  - Children will be encouraged to change themselves as much as possible.
  - Staff may assist with changing clothing.
  - Routine intimate care (e.g. wiping) will **not** be part of everyday provision unless there is a medical or additional learning need supported by a care plan.
  - If a child is unable to clean themselves and this becomes regular, parents will be contacted.
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### Key Stage 2

- Staff will **not routinely change** pupils who wet or soil themselves.
- A private space (e.g. disabled toilet) will be provided for the child to change independently.
- Wet wipes, spare clothing (where available) and a bag will be provided.
- Parents/carers will be informed by phone following any wetting or soiling incident.

Older pupils who have occasional accidents and do not require washing are expected to manage changing independently.

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## 7. Medical Needs, SEN and Inclusion

Some children may have medical, developmental or additional learning needs affecting continence.

- Where toileting difficulties may indicate a medical issue, this will be discussed sensitively with parents.

- Advice may be sought from the School Nurse, Health Visitor or medical professionals.
  - Pupils with diagnosed needs will have a **Health Care Plan and/or Toileting Care Plan**.
  - Any necessary staff training will be provided following professional advice.
  - Toileting needs will **never prevent participation** in learning activities or school trips.
  - A risk assessment will be completed for pupils requiring ongoing support.
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## 8. Illness and Hygiene

- If a child has an accident due to illness, parents/carers will be contacted promptly.
  - Children who experience sickness or diarrhoea must remain at home for **48 hours** after the last episode.
  - The school follows strict cleaning and hygiene procedures to maintain safe toileting environments.
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## 9. Toilet Access and Supervision

- Pupils may access toilets throughout the school day.
  - KS2 pupils are expected to request permission before leaving lessons.
  - In certain situations (e.g. outdoor learning), children may be asked to visit toilets in pairs.
  - Individual needs will always be considered.
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## 10. Facilities

The school will ensure:

- Toilets have warm and cold water, soap, hand-drying facilities and toilet tissue
  - Fixtures are suitably sized and accessible
  - Regular cleaning, supervision and inspection throughout the school day
  - Sanitary disposal units are provided in girls' toilets (ages 8+)
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## 11. Staff Responsibilities and Safeguarding

- Only school staff will provide toileting or changing support.

- Students, volunteers or visitors will not change children.
- Staff are not expected to provide routine intimate care unless a formal care plan is in place.
- This protects staff wellbeing, health and safety, and safeguarding requirements.

## 12. Review

This policy will be reviewed regularly by senior leaders and governors and updated in line with statutory guidance and school needs.

Headteacher	Governor	Date
Rhodri Jones	Tiffany Barker	September 2025

